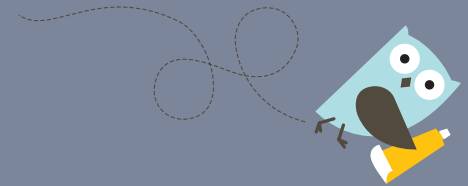




- ✓ Smiley face.
- Sourpuss.

With regular care, your  
retirement checkups  
can be a lot less painful.



401(k) Day  
**Make wise choices.**

To maintain a healthy standard of living in retirement, you'll need to develop good habits today. That's why it is important to contribute to your 401(k) plan regularly, and to keep your portfolio diversified over the long term.



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