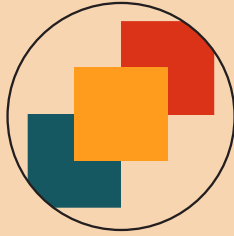




401(k) DAY™
September 5, 2025

**STEP UP TO
RETIREMENT**

Week 3: Build Your Endurance



Grow Consistently — Automatically!

Consistency is the key to building strong retirement savings. This week, focus on setting up automatic contribution increases so your 401(k) grows on its own over time.

Automating your savings makes it easier to stick to your goals, even during busy times of the year.

How to Participate:

Schedule an automatic increase—no step is too small! Share your decision with peers and encourage them to join you. Post about how automation helps you stay on track and keep your eyes on the prize.

